**Los Banos Youth**

**Track Clinic**

**Ages 8 – 8th grade**

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Saturday, February 26th

9am – 12 pm

Registration 8:15 – 8:45am

$20.00 each or a family rate of $15.00 for each

 with 2 or more in the same household.

Pacheco and Los Banos High School coaches

and athletes will be conducting the clinic

We will be introducing and practicing:

Warm-up

Sprints/Blocks

Relays

Long Jump

High Jump

Softball/Shot put throws

Come dressed to participate. A snack will be provided.

For more information contact Laura Barger at 827-4506 ext. 3381